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GOING DEEPER

How to Make Sense of Your Life When Your Life Makes No Sense
by Jean-Claude Koven

(Prism House Press, 2004, ISBN 0-9723954-5-8, hardcover, 6 x 9, 430 pages, \$24.95)

“Mythic and Masterful”

—*Jean Houston, Ph.D., Director of The Foundation for Mind Research*

An Interview with Jean-Claude Koven **Author of *Going Deeper: How to Make Sense of Your Life*** ***When Your Life Makes No Sense***

Interviewer: ***How would you characterize the book, *Going Deeper*, which has been called the “hottest metaphysical book of the new millennium”?***

Jean-Claude Koven: *Going Deeper* is a book about *everything*. It exposes the reader to a new perspective on Creation. Instead of focusing on the perennial questions—Who am I? and Why am I here?—it explores an even more basic set of questions: What is here? Who created here? Why was here created? Once these more fundamental questions are answered, the questions pertaining to personal identity and meaning are easily and effortlessly resolved.

I: ***Who is the book written for?***

JCK: *Going Deeper* was written for the tens of millions of people who feel that, despite all their accomplishments and knowledge, their lives still don't really make sense. It is a book for people who feel alienated from most of mainstream society's values and are saddened by the way humans treat each other. The book is a manual for people who want to recover all their innate wisdom and power, who want to understand their unique purpose for incarnating, and who want to participate purposefully in the planetary shift that is underway. It's a book for people who want to help humanity evolve to the next level of consciousness.

Because the book is a novel, its teachings exist on many levels simultaneously. I've read the book more than a dozen times, and I still find exciting new revelations of meaning with each reading.

I: ***Is there one main theme or core teaching that people should know about?***

JCK: It wouldn't be fair to all of the characters in the book to distill the 434-page book down to one teaching! Each one of them embodies and dispenses different and yet

equally important aspects of universal consciousness.

However, I can say that the main themes have to do with learning how to live in what I call the full spectrum self, how to activate our innate capacity for unlimited creative capability, and how to fully master the process of creating one's own personal reality. One of the recurring principles in the book is deceptively simple, which is, "What you see depends on where you're looking from." This principle, along with its activating agent, curiosity, is how we connect to our full spectrum self. I'll be speaking about this in detail at the San Francisco New Living Expo and other venues during my April Bay Area book tour.

I: In the book, you talk about the Wanderers, and actually address this book to them. Who are they?

JCK: Wanderers, sometimes called Lightworkers or Starseeds, are a group of 70 million highly evolved entities that came to Earth from other dimensions to assist with the impending shift in planetary consciousness. When the illusion that human beings call "reality" was first envisioned by the Creator, it was meant to be a game board upon which godlike beings would "pretend" to forget who they are. There they could play at creating new experiences possible only in the crucible of duality and polarity where belief and emotion are the prime forces of motivation. It soon became apparent that the illusion was too well-crafted. The experiment, while interesting, was not going as planned; with each successive incarnation, souls were experiencing greater levels of pain and suffering. Several times in the history of our planet, advanced beings incarnated on Earth to help shift consciousness and offer expanded choices. In each instance, their higher teachings were appropriated by the priesthood and ultimately created more harm than good.

Now, in this crucial time when humanity has but a few precious years to avoid self-created calamities, more than 70 million of these advanced beings have already incarnated on Earth. At present, fewer than nine percent of these Wanderers have succeeded in cleansing the sleep from their eyes. Like the six billion souls they came to serve, the rest are trapped in the illusion of this plane of existence, unable to break free. However, the effect that this small percentage of awakened beings has already made is considerable. To those still struggling beneath the weight of the Veil, breaking free seems daunting. In fact, it is surprisingly simple. *Going Deeper* offers a precise template for awakening from the trance of Forgetting.

I: What's your intention for Going Deeper?

JCK: *Going Deeper* is my contribution to shifting the consciousness of this planet—one person at a time. The entire purpose of *Going Deeper* is to offer people the means to effectively choose which reality they want to experience and manifest in the world. It is a mirror which allows people to see themselves stripped of the dominant culture's consensus belief systems. It is meant to awaken the still, small voice in each of us that *knows* there is more than what society teaches us about reality and our place and role in it.

Going Deeper offers a blueprint for breaking free of self-created limitation and dependence on others for our wellbeing. My vision for what the teachings of *Going Deeper* can do in the world is just this: we need not be victims of small definitions of self or of beliefs or religious dogma. We are born with the capacity to unite knowingly with

the creative consciousness which powers the whole universe. We can easily learn how to live in the full spectrum self, how to create and dissolve our own points of view at will, and how to live with love and compassion for all of creation.

I: How much of what Larry, the book's main character, experiences in the book did you actually experience?

JCK: All of it! After the first third of the book, it became a journal in which I was being taught the lessons along with Larry. Within hours of completing the chapter on the need to embrace death, I was informed by my doctor that a biopsy confirmed I had prostate cancer. There I was, laid bare in the moment of truth. Was I willing to embrace death as an ally or would I turn tail and hide?

I: Who have your primary spiritual teachers and influences been?

JCK: I love this question, because it gives me a chance to express my love and gratitude to many, many people who have touched my life in important ways. My road to discovery began in earnest in late 1984, when I left my conventional life in the United States and moved to Australia. I was fortunate to meet two extraordinary South Africans, Brian and Esther Crowley, who introduced me to the sacred chants in the five power languages (Ancient Egyptian, Hebrew, Sanskrit, Tibetan, and Chinese) revealed by J. J. Hurtak in his seminal book *The Keys of Enoch*. Brian coauthored several books with J. J. Hurtak. Brian introduced me to J. J. and Desiree Hurtak. I was privileged to spend several days with them touring ancient temples in Thailand, energetically linking these abandoned places of worship with power spots across the planet by intoning the sacred chants, an activity I have never stopped doing.

After attending the *Paranormal Healing Conference* held in Baggio City, the Philippines, I returned with J. J. and Des to Sydney, where Dr. Hurtak took a small group of us through the entire text of *The Keys*. This experience shaped the course of my life since. A year later the lady who is now my wife, Arianne, joined me in Australia, and we explored the outback in a 1972 Toyota Corona with no air conditioning. We made the pilgrimage to Uluru, also known as Ayer's Rock. It was there that we both first caught a glimpse of the path we would be following for the rest of our lives.

Arianne and I spent the next full year circling the planet. We began our odyssey in Cairns and went to Hong Kong, Thailand, Singapore, Italy, Greece, France, England, the U.S.A., then back to Australia. The teachers we met along the way are at once too numerous to mention and too important to ever forget. In our five weeks in Hong Kong, we were privileged to work with Dr. Clif Sanderson, recipient of the Albert Schweitzer Prize for Humanitarian Service to Medicine for his tireless work with children suffering from the aftereffects of Chernobyl. It was through Clif that Arianne and I were first introduced to intentional healing, entity work, and Feng Shui. While in Hong Kong, I was initiated into the Ling Su by Dr. Wilson Wang, a local physician who had discovered several powerful techniques that allowed humans to break the manifestation barrier. It was through his tutelage that the world of intentional creation was opened.

In Israel, I met another medical doctor who changed my life, Dr. Eli Lash. One day, Eli arrived at our door with a four-volume set of books. The title of each volume was the same: *The Law of One*. The books were transcripts of a series of communications received by a small group in Louisville, Kentucky, commencing in mid-January 1981. The channel was Carla L. Rueckert; the questioner was an Eastern Airlines pilot, Don

Elkins; the scribe was James McCarty. Together these three highly intelligent, extraordinary people made up a group called L/L Research. The information source called itself *RA, an humble messenger of the Law of One*. I began reading RA's words the day Eli gave me the books. In short order, they became so perfectly melded into my consciousness that I could no longer speak, act, or think without their influence.

When I first read *The Law of One*, I was in psychic shock for nearly two weeks, and it was only through the combined efforts of two gifted healers that I was once more able to form coherent sentences, although some would still argue otherwise.

I also owe a special debt of gratitude to two remarkable people, Hal Stone and Sidra Winkelman-Stone, who developed voice dialogue, an exceptionally effective, elegant form of therapy that successfully bridges the gap between mundane psychological issues and the cosmological concerns of universal archetypes. I base most of the interactions that Junie has with Larry—both are characters in my book—in large measure on the Stones' work.

My list of teachers is, of course, endless. I have come to acknowledge all Creation as my teacher. How can any of us look at the stars and not wonder? How can any of us look at each other and fail to see God? Still, nothing has impacted me more profoundly than the process of midwifing *Going Deeper*.

The process of opening to our infinite creative potential to know and be more than we could ever imagine is what I am now speaking about in lectures and workshops around the country.

I: What's next on your agenda?

JCK: I'm splitting my time between writing a follow-up book to *Going Deeper* and traveling around the country giving lectures and workshops. The new book is a study guide that will support people in understanding and integrating into their lives the core principles of the book.

I: Where can people buy the book and how can they get in touch with you?

JCK: The book is through all independent and chain bookstores and well as through online booksellers like Amazon.com. People can also go to the publisher's web site, <http://www.prismhouse.com>, to buy the book, which I'll personally sign. That's also where they can find out about where I'm speaking and how to contact me.

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